

# BRAIN HEALTH

## ANXIETY & DEPRESSION



An estimated 40 million people in the US experience some sort of anxiety-related disorder. And as many as 30 million suffer from depression.



## MEDICATION

**20x**  
INCREASE



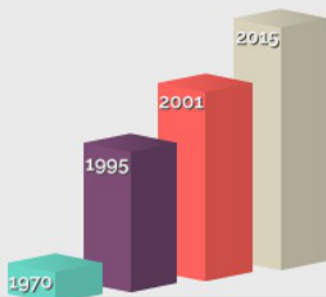
**OVER**  
30 years



The use of antidepressants doubled from 1995 - 2005; now the most prescribed drugs in the world.

## AUTISM

**AUTISM & AUTISM SPECTRUM DISORDERS (ASD) HAVE SKY ROCKETED**



In 1970, an estimated 1 in 10,000 children were found to be autistic.

In 1995 it was 1 in 500.  
In 2001 it became 1 in 250.

**Today, 1 in 68 children are diagnosed as autistic.**

## THE ANSWER

### Functional Medicine

Rebalancing the body's underlying physiological systems & contributing issues to these illnesses. Healing forces are unleashed & chronic illness is resolved naturally, often without the need for costly pharmaceutical medications or invasive surgeries.

